

Limits of Confidentiality

The contents of all psychotherapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. Exceptions include the following:

Court Request

If your records are requested by a valid subpoena or court order we must comply.

Duty to Warn and Protect:

When a client discloses intentions or plans to harm another person, we are required to warn the intended victim and to report the information to legal authorities. In cases in which the client discloses or implies a plan to do harm to themselves or attempt suicide, we are required to notify legal authorities and make reasonable attempts to notify the client's family.

Abuse of Children and Vulnerable Adults

If we have cause to believe that a child or vulnerable adult (i.e. elderly or disabled adult) has been or may be abused or neglected, we are required to make a report to the appropriate state agency, social service and/or legal authority.

Prenatal Exposure to Controlled Substances

We are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

Minors/Guardianship

If the client is a non-emancipated minor (under the age of 18), parents or legal guardians have the right to access the client's records.

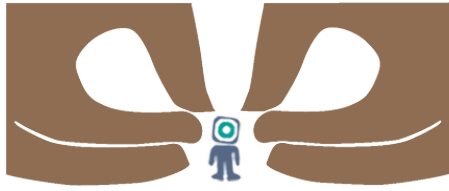
Insurance Providers (when applicable)

Insurance companies and other third-party payers are given information that they request regarding services to clients. This information may include types of services, dates and times of services, diagnoses, treatment plans, description of impairment, progress of therapy, case notes and summaries.

I agree to the above limits of confidentiality and understand their meanings and ramifications.

Client Signature (Client's Parent/Guardian if under 18)

Date



Mindfulness-Based Emotional Processing
Brainspotting and Hypnotherapy Clinic